



BEL Capability Briefings





BEL Capability Briefings



- Commando B
- Mountain Leader Summer
- Mountain Leader Winter
- Close Combat Instructor
- Tactical Urban Climbing
- SERE – PR Basic / Instructor





Commando B – GQ6310

Aim of the course:

The aim of the Commando B Course is to learn how to deal with rusticity by developing a commando spirit. It calls for a good physical condition, audacity, discipline, cohesion and leadership.

Objective:

At the end of the course, the trainees will have acquired the ability to cross horizontal and vertical obstacles, dry or wet, by night and by day, with equipment.

Target Audience:

- Foreign military personnel (Volunteers, NCOs, Officers of Mountain Infantry).
- 05 slots

Entry Test/Conditions/Requirements:

- Basic Level B1 Summer.
- Declared medically fit to follow the module.
- Be able to swim 100m.
- Having passed the entry test.

1. Be able to climb a 5m rope.
2. Be able to perform at least 45 abdominals.
3. Be able to perform at least 6 pull-ups.
4. Be able to bring once his feet against the drawbar.
5. Be able to perform a balance exercise followed by a daring jump.
6. Be able to perform a 5 Km run in less than 40 minutes (Bergham 10 Kg).





Commando B – GQ6310

Language: FR/NL/EN.

Duration:

15 working days, 3 consecutive weeks of 5 days (intensive duty).

General Description of the contents and build-up:

- Commando Crossing techniques (Knots, fitting, climbing, abseiling, Zipline, Death-Ride).
- Amphibious techniques (Boating, Ferry, fording, Manpack).
- Rocks Climbing (5 meters up to 90 meters height).
- Close combat skills (Discovering of some techniques).
- Commando Routes (Specific Commando crossing techniques).
- Execution of combined exercises.
- Ropes and obstacles tracks (Discovering + Test).
- Basic survival skills (Fire-water-shelter-food).

Location:

First Two weeks takes place at the CTC and its vicinity, the third week "on the field" somewhere in Belgium.





Commando B – GQ6310

Possible following courses or further specialisations:

///

Certification:

Commando B Certificate.

Equipment to be brought by the participants:

Individual soldiers combat equipment and his field equipment.

Course costs:

CI I & accommodation

POC:

*CECDO-S3@mil.be





Mountain Leader Summer – GQ9130

Aim of the course:

Move easily and safely in summer conditions in a complex terrain.

Be able to cross an obstacle as first and be a technical advisor for his command.

Be able to determine the best approach route in complex terrain in summer conditions (Rocks, Mountainous).

Be trained to operate in extreme conditions at high altitude.

Objective: At the end of the course, the trainees have the necessary skills to:

- Climb as first a route level 5b.
- Climb as first a route level A2 with artificial means.
- Easily open a route in high mountains in safety.
- Equip difficult section to allow a unit to cross it.
- Be able to execute a rescue within the rope team (Rocky terrain and high mountains).

Target Audience:

- Foreign military personnel (Volunteers, NCO's, Officers of Mountain Infantry).
- 02 slots.

Entry Test/Conditions/Requirements:

- Basic Level B2 Summer
- Declared medically fit to follow the module.
- Having passed the GQ9130T entry exam :
The students are assessed on a time-trial course (Max 40' to be adapted according to the weather conditions).
They have to carry out several climbs and abseiling descents successively on the student routes of the CTC.





Mountain Leader Summer – GQ9130

Language: FR/NL/EN.

Duration:

32 working days: 4 consecutive weeks of 5 days in BEL (normal duty) and 12 days, weekend included, abroad (intense duty)

General Description of the contents and build-up:

The course is divided in 2 main parts:

- Rock part: 3 weeks, learn climbing and rescue techniques, execute obstacle crossing exercises. 4th week = Exam week.
- High mountains part: 2 weeks in High mountains (week-end inclusive), learn how to move easily and safely on snow and ice, how to rescue someone fallen into a glacier crevasse, execute navigation exercise.

Location:

Rock part = CTC and different rocky massif in BEL (FREYR, YVOIR, DAVE, BEEZ...).

High Mountain part = Alps (mostly in CHAMONIX : EMHM).





Mountain Leader Summer – GQ9130

Possible following courses or further specialisations:

Mountain Leader Winter (GQ 9140).

Certification:

All qualified climbing leader have to follow a refresher course every 3 years in order to keep their qualification.

Equipment to be brought by the participants:

Individual soldiers combat equipment and his field equipment, personal climbing shoes are needed, running equipment for cardio training, specific and protective equipment provided by CTC.

Course costs:

Cl I & accommodation.

POC:

*CECDO-S3@mil.be





Mountain Leader Winter – GQ9140

Aim of the course:

Work within a rope team while crossing an obstacle in winter conditions.

Give technical advice to a units command during Trg and Ops in difficult or mountainous terrain in winter conditions

Integrate a OCS/OCT for reconnaissance, installation, securing, intervention and evacuation in difficult or mountainous terrain in winter conditions

Objective: At the end of the course, the trainees have the necessary skills to:

- Move safely and easily through snowy terrain on a slope of 40° or less
- Execute an intervention within a rope team in all circumstances
- Evacuate an injured person in winter conditions
- Equip a difficult section to allow a unit to cross it
- Know the first aid to be given in winter conditions and specifically to rescue an avalanche victim
- Know avalanches and their causes and know how to use the decision-support tools

Target Audience:

- Foreign military personnel (Volunteers, NCO's, Officers of Mountain Infantry).
- 02 slots.

Entry Test/Conditions/Requirements:

- Basic Level B2 Winter
- Declared medically fit to follow the module.
- Passed GQ9130





Mountain Leader Winter – GQ9140

Language: FR/NL/EN.

Duration:

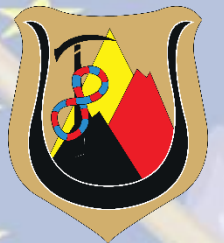
16 working days: 3 days in BEL (normal duty) and 13 days, weekend included, abroad (intense duty).

General Description of the contents and build-up:

Military skiing techniques on prepared and non-prepared snow, avalanche risk assessment, Navigation exercises, Ice climbing, Shooting techniques, Survival techniques.

Location:

Outside in high mountains from one of our European partners Log base.





Mountain Leader Winter – GQ9140

Possible following courses or further specialisations:

///

Certification:

All qualified climbing leader have to follow a refresher course every 3 years in order to keep their qualification.

Equipment to be brought by the participants:

Individual soldiers combat equipment and his field equipment, specific and protective equipment provided by CTC.

Course costs:

Cl I & accommodation.

POC:

*CECDO-S3@mil.be





Close Combat Instructor – GQ9510

Aim of the course:

The Close Combat Instructor Course will learn how to neutralize an enemy by using simple and operational hand-to-hand combat techniques.

Objective:

At the end of the training course, the trainees will have acquired the competencies required to instruct and teach combat techniques safely within their unit

Target Audience:

- Foreign military personnel (Volunteers, NCOs, Officers of Mountain Infantry).
- 02 slots.

Entry Test/Conditions/Requirements:

- Declared medically fit to follow the module.
- Having passed the GQ6210T entry exam.

1. Climb with a rope: 5 m without using the feet, only with the arms.
2. Pull-ups: 10 times.
3. Squats: 15 times with 80 kg on the shoulders.
4. Abdominals: 60 times in 2 minutes.
5. Press-ups: 45 times in 1 minute.
6. Roadwork: 4 km in 20 minutes.
7. "Springing" : 2 one-minute rounds.





Close Combat Instructor – GQ9510

Language: FR/NL/EN.

Duration:

20 working days, 4 consecutive weeks of 5 days (normal duty).

General Description of the contents and build-up:

The first two weeks are a mix of different combat sport lessons (Kick boxing, Judo, Hapkido) in order to master and apply some techniques to the military close combat lessons.

The third week will learn the methodology to teach these techniques to the soldiers including tactical settings with operational equipment and weapon.

The fourth week is designed to assess the individual skills during different sessions of examination.

The trainees will improve their physical condition; strengthen their character; enhance their professional skills; develop their fighting spirit and aggressiveness and improve their self-control and violence management.

Location:

Most lessons take place in the martial art facilities of the CTC in order to prevent any unnecessary injuries.

Tactical exercise and synthesis route take place outside.





Close Combat Instructor – GQ9510

Possible following courses or further specialisations:

///

Certification:

All qualified Close Combat Instructors have to follow a refresher course every 2 years in order to keep their qualification.

Equipment to be brought by the participants:

Individual soldiers combat equipment and his field equipment - Sport Sets - Kimonos - Tooth guard.

Course costs:

CI I & accommodation.

POC:

*CECDO-S3@mil.be





Tactical Urban Climbing – GQ9300

Aim of the course:

The Tactical Urban Climbing Course teaches how to cross any obstacle in all kind of urban infrastructures (Residential building, Office building, industries, monument, ship containers...) by using specific crossing material dedicated to this type of environment.

Objective:

At the end of the course, the trainees will be able to climb and descent safely autonomously in all kind of urban infrastructures.

Target Audience:

- Foreign military personnel (Volunteers, NCO's, Officers of Mountain Infantry and belonging to an SF unit).
- 02 slots.

Entry Test/Conditions/Requirements:

- Qualified Level Q2 Summer
- Declared medically fit to follow the module.





Tactical Urban Climbing – GQ9300

Language: FR/NL/EN.

Duration:

5 working days, 2 days normal duty + 3 days intensive duty.

General Description of the contents and build-up:

The first day is dedicated to learn and discover the specific material which can be implemented on different type of structures. The 3 following days are dedicated to use the specific equipment and apply the climbing techniques on different civilian infrastructures. The knowledge of lead climbing and commando instructor techniques is mandatory to evolve in safety and make the crossings possible.

Location:

First day in CTC, 4 days outside on civilian infrastructures.





Tactical Urban Climbing – GQ9300

Possible following courses or further specialisations:

///

Certification:

Under developing.

Equipment to be brought by the participants:

Individual soldiers combat equipment and his field equipment.
Specific and protective equipment provided by CTC.

Course costs:

CI I & accommodation.

POC:

*CECDO-S3@mil.be





SERE PR Basic / Instructor - GQ6131

Aim of the course:

Every soldier who can be deployed into missions, has to be instructed beforehand on the specifics of SERE and PR. The envisioned training level will depend on their unit or the function they will be executing once deployed. Train them as unit SERE-instructor (Train-The-Trainer principle).

Objective:

At the end of the course, the trainees will be able to act as unit SERE-instructor (Basic SERE Instructor) and:

- Teach the basics on individual survival skills (SERE) and be able to deliver the basic knowledge on Personnel Recovery (PR), excluded any resistance training (theory or practical).
- Aid their C² in providing theoretical and practical SERE/PR training for their unit. This until SERE-level B, excluded any resistance training (theory or practical).
- Aid their C² in preparing unit personnel for missions (documentation, pre-deployment training and briefings).

Target Audience:

- Foreign military personnel (Volunteers, NCOs, Officers of Mountain Infantry).
- 02 slots.

Entry Test/Conditions/Requirements:

- Level of security clearance: "confidential".
- Good physical shape.
- Doctor certificate: medical form declaring the participant has the physical fitness to participate in a SERE-course. (Survival, Evasion, Resistance, Extraction). This is a physically demanding course.





SERE PR Basic / Instructor - GQ6131

Language: FR/NL/EN.

Duration:

24 working days, 1 week normal duty + 3 weeks, weekends included, intensive duty.

General Description of the contents and build-up:

Application of survival techniques.

Application of techniques and procedures in order to avoid being captured by the opposing forces.

Understand the architecture of captivity and act according to the type of captivity.

Understand and apply the techniques of extraction procedures.

Design and deliver SERE lessons.

Location:

Wooded training area with access to water (river / lake / well).

Isolation zones in a military training area.





SERE PR Basic / Instructor - GQ6131

Possible following courses or further specialisations:

///

Certification:

Every THREE years participants who have successfully finished their course, will have to follow a refresher course to keep their competence.

Equipment to be brought by the participants:

Individual soldiers combat equipment and his field equipment.

Course costs:

CI I & accommodation.

POC:

*CECDO-S3@mil.be



P&S MTI

**to enhance Europe's capability to
operate in mountainous areas**



Thank You